



ALCOHOL & DRUG
Counselling ONLINE
a TURNING POINT service
Forums

Recovery oriented peer support community for people affected by alcohol and other drug use.



PEER SUPPORT FORUMS

A PLACE TO CONNECT

Gain strategies, inspiration and empowerment from others with shared experiences.

community.counsellingonline.org.au



PEER SUPPORT FORUMS

A PLACE TO CONNECT

- ✓ Safe, confidential and non-judgemental community promoting social connectedness and healing.
- ✓ Open to all people who are making changes, regardless of where they are on their journey.
- ✓ Place for friends and family of those in recovery to gain support and advice in caring for themselves and others.
- ✓ Keep track of progress efforts and lifestyle changes.
- ✓ Structured, moderated and resourced by specialised professionals.



Counselling Online acknowledges the traditional custodians of the land upon which our health service is built, the Wurundjeri people, and pays our respects to their elders, past and present.

Counselling Online is an inclusive support service.

